

## A - Z Topic list

### A

absent  
absent minded  
abstinence  
abuse-boy/girlfriend  
abuse-child  
abuse-domestic  
abuse-drugs  
abuse-emotional  
abuse-physical  
abuse-sex offender  
abuse-sexual  
accepting responsibility  
accepting yourself  
acid  
acne  
acquaintance rape-victim  
active listening  
activism  
addicted  
addicted parent  
ADHD  
ADHD-drugs  
adopted  
adult who cares  
afraid  
agency  
aggression  
AIDS  
alcohol  
alcoholic parent  
alcoholic-you  
all 'dat  
alone  
alone at home  
alternatives-evaluating  
angel dust  
anger  
animals-hurting  
anorexia  
anti-depressants  
anxiety  
anxiety attacks  
apologies  
appearance  
appreciating diversity  
arrest  
arson  
artsy  
ashamed  
asking for help  
asking questions  
asking someone out  
assault  
assertive eyes

assertive message  
assertive posture  
assertive reasons  
assertive voice  
assertiveness  
asthma  
athletic style  
attachment objects  
attendance  
attention  
Attention Deficit Disorder  
authority-dealing with  
authority-defying  
avoiding triggers  
aware

### B

baby-yours  
background-community  
background-family  
backlash target  
back-talk  
bad decisions  
bad grades  
bad words  
barbiturates  
bashing gays  
beat up-victim  
beaten  
beauty  
beer  
behavior-confronting  
being connected  
beliefs-standing up for  
believing  
belonging  
bias  
bias crimes-target  
bigotry  
binge eating  
bi-racial  
birth control  
birth order  
blabber mouth  
blankie  
blind  
blinking  
blocked  
blow  
blunt  
blurting out  
body  
body clues  
body image  
body language  
body odor

body weight  
body-ashamed  
body-posture  
booze  
bored  
bouncing back  
boundaries  
boy/girlfriend  
boy/girlfriend-abuse  
bra  
bragging  
brainstorming  
breaking rules  
breaking up  
breathing deeply  
broke  
broken heart  
broken home  
brothers  
buddies  
bugging someone  
bulimia  
bullied  
bullying  
bully-offender  
bully-target  
bummed out  
busted  
bystander

### C

calling something  
calming down  
cappin'  
car theft  
cards you're dealt  
care-for yourself  
care-showing it  
cause and effect  
celibacy  
chair  
chalk  
change-normal  
change-unplanned  
changing feelings  
character  
Charlie  
cheating-in school  
chew  
child abuse  
choices  
choosing friends  
chronic illness  
cigarettes  
cigars  
citizenship

clique  
clothes-rules  
club drugs  
cocaine  
codeine  
coke  
cold-hearted  
college  
commanding respect  
commitments  
communicating feelings  
communication skills  
community  
community history  
community resources  
competition-losing  
competition-winning  
complaints-making  
compliments-giving  
compliments-receiving  
compulsive  
conceited  
condoms  
conflict-resolving  
conflict-with teacher  
confronting behavior  
confronting injustice  
connecting with others  
consequences-predicting  
considerate  
contact lenses  
contraception  
controlling impulses  
control-taking  
conversations  
coping  
cops  
copying  
counselors-using  
courtesy  
crack  
cramps  
crank  
crazy feelings  
creativity  
criticism-dealing with  
cruel  
crush  
crying  
crystal meth  
cultural differences  
curfew  
cursing  
cussing  
cutting class

cutting yourself  
cyberspace

### D

date rape drug  
date rape-offender  
date rape-victim  
dating  
dating abuse  
deaf  
dealing with authority  
death  
decisions  
defiance  
democracy-doing  
dependability  
depression  
developmental delay  
diabetes  
diet  
dieting  
differences  
disability-hearing  
disability-learning  
disability-mental  
disability-physical  
disability-visual  
disappointment  
discipline  
discouraged  
discrimination  
discussions-having  
disputes  
dispute-with teacher  
disrespect  
disrespected  
dissent-supporting  
dissin'  
diversity-appreciating  
diversity-cultural  
diversity-disability  
diversity-ethnic  
diversity-gender  
diversity-physical  
diversity-preferences  
diversity-religious  
divorce  
do not assert yourself  
do not connect  
do not feel for others  
do not know yourself  
do not manage feelings  
do not persevere  
do not problem-solve  
do not try

domestic violence  
dope  
down  
down for someone  
downers  
dress code  
drinking  
drinking too much  
driving  
driving drunk  
dropping  
dropping out  
drug dealing  
druggie  
drugs  
drugs-antidepressants  
drugs-body building  
drugs-date rape  
drugs-depressants  
drugs-designer  
drugs-friend using  
drugs-hallucinogens  
drugs-inhalants  
drugs-marijuana  
drugs-painkillers  
drugs-prescription  
drugs-Ritalin  
drugs-stimulants  
drunk driving (DUI)  
drunkie  
dumped  
dying  
dyslexia

**E**  
eating disorder  
economics  
ecstasy  
education-higher  
effort  
ELL  
embarrassment  
emotional abuse  
emotional intelligence  
emotional maturity  
emotional style  
emotions-yours  
empathy  
English language learner  
envy  
errors  
ethnic diversity  
ethnic slurs  
ethnicity  
evaluating alternatives  
excluded  
exercise  
exercise type  
exercising rights

expectations  
expelled  
experimenting  
express yourself online  
expressing feelings  
expressing sympathy  
expressing thanks  
**F**  
failing  
failure  
failure-wanting  
fairness  
faith  
falling asleep  
falling down  
families-blended  
family background  
family violence  
family-embarrassing  
fat  
fatal attraction  
fear  
fear of failing  
fear of success  
feel powerless  
feeling for others  
feeling frustrated  
feelings  
feelings-changing  
feelings-communicating  
feelings-confusing  
feelings-depressed  
feelings-expressing  
feelings-handling  
feelings-mixed  
feelings-names for  
feelings-not  
feelings-owning them  
feelings-predicting  
female roles  
fibbing  
fighting  
fighting with parents  
fingernails  
fire  
fire setting  
fitness  
fitting in  
Five-0  
following instructions  
fondling yourself  
foreplay  
foster home  
freezing out  
French kissing  
friend-drinking  
friend-helping  
friendly

friends  
friends-choice of  
friends-fighting  
friends-making  
friends-none  
friends-suicidal  
friends-turning in  
friends-using drugs  
frustration  
funny  
future not there  
**G**  
gambling  
game freak  
gangs  
ganja  
gay  
gay bashing  
gender differences  
generosity  
genes  
getting even  
getting help  
getting support  
girl/boyfriend  
girlfriend/boyfriend-abuse  
girlie cycle  
giving  
giving compliments  
giving help  
giving up  
glasses  
gloves  
goals  
goals-none  
good sport  
gossip  
grades  
graffiti  
grief  
group home  
group skills  
group-discussions  
groups-joining  
guilt  
guilt-survivor  
guns  
**H**  
habits-nervous  
habits-quitting  
hallucinogens  
hanging out  
happiness-practicing  
harassment online  
harassment-perp  
harassment-target  
hard things  
hard thing-surviving

hate  
hate crime perp  
hate crime-target  
hate online  
hate school  
hating yourself  
have to do it  
having a mentor  
having conversations  
hazing  
hearing impaired  
heavy  
helpers-adult  
help-getting it  
helping others  
heritage  
heroin  
hiding-wanting to  
hitting  
HIV  
home alone  
homeless  
homework  
homophobia  
honesty  
hood  
hooker  
hooking up  
hopeless  
hormones  
hospitalization  
how it is  
huffing  
humor  
hung-over  
hurting animals  
hurting yourself  
**I**  
I statements  
ice  
ideas-finding  
identifying with others  
identity  
ignoring  
illness  
image-your body  
immaturity  
immigrant  
impulsive  
incest-perp  
incest-victim  
individuality  
in-group  
inhalants  
injustice-confronting  
in-school suspension  
insecure  
insomnia

institutional injustice  
instructions-following  
integrity  
intelligences  
intercourse  
internal triggers  
internet safety  
internet-courtesy  
internet-expressing yourself  
internet-harassment  
internet-hate  
internet-info sharing  
internet-meet up  
internet-reading people  
internet-sexual exploitation  
internet-threats  
intolerance  
introducing yourself  
introvert  
inviting someone  
irresponsible  
irritating someone  
**J**  
jacking  
jail  
jealousy  
jerking off  
job  
joining a group  
joints  
jumped  
justice  
justice-restoring  
juvey  
**K**  
karma  
keeping faith  
keeping going  
killing yourself  
kindness  
kissing  
klepto  
knives  
knocked-up  
knowing who you are  
**L**  
labeling  
lack of effort  
latchkey  
late  
laughing  
laughing gas  
learning disability  
learning style  
left out  
legal rights  
lesbian  
let-down

letting go  
liar  
liking someone  
liking yourself  
limits-setting  
lip locking  
listening to others  
loneliness  
loner  
looks  
loser  
losing  
losing someone  
love  
loyalty  
loyalty to country  
LSD  
luck  
lying  
**M**  
macking  
mad  
making apologies  
making complaints  
making decisions  
making excuses  
making friends  
making out  
making space  
making things right  
making up  
male roles  
managing change  
managing feelings  
manners  
marijuana  
Mary J  
masturbation  
MDMA  
mean  
meeting people  
menstruation  
mental disability  
mental illness  
mentally retarded  
mentors  
message  
meth  
middle child  
mindfulness  
mistakes  
mixed feelings  
mixed race  
molested  
molester  
mom & dad  
money  
money-not enough

morphine  
motivation  
motives-understanding  
moving  
muggin'  
multi-racial  
murder-threats  
muscles  
musty  
mutilation-self  
**N**  
nail biting  
name-calling  
naming problems  
narcotics  
narcs  
needs-stating  
negative criticism  
neighborhood  
neighborhood-new  
nervous  
nervous habits  
networking  
new kid  
nice  
no goals  
no to sex  
norms  
not athletic  
not creative  
not good-looking  
not happy  
not invited  
not liking yourself  
not motivated  
not popular  
not smart  
not thin  
not worthy  
numbness  
**O**  
obesity  
observers  
obsessing  
obsession-offender  
obsession-victim  
OC's  
odds-defying  
oldest child  
on the rag  
online clues  
online expression  
online harassment  
online hate  
online info sharing  
online sexual exploitation  
online threats  
oops

open  
open-ended questions  
opinions  
opium  
options-coming up with  
options-evaluating  
outbursts  
outside triggers  
outsider  
overeating  
overweight  
owning up  
OxyContin  
**P**  
p.o.  
painkillers  
pals  
panic attacks  
paraphrasing  
parent-alcoholic  
parent-embarrassed by  
parent-fighting with  
parent-hits you  
parenting-teen  
parents  
parents-break up  
parent-talking to  
passed away  
passions  
patriotism  
paying attention  
PCP  
peer pressure  
people smarts  
perfect-having to be  
performance  
period  
perseverance  
personal history  
personality  
perspective taking  
pet dying  
peyote  
physical abuse  
physical differences  
physical disability  
physical sensations  
picked on  
picking on people  
pimples  
pissed off  
playing with yourself  
PMS  
point of view  
police  
politics-being part of  
politics-unpopular  
poor

poor sport  
popoe  
poppers  
popular  
possibilities  
posture  
pot  
poverty  
power  
practicing happiness  
predicting consequences  
predicting feelings  
preferences  
pregnancy-avoiding  
pregnant  
prejudice  
premenstrual syndrome  
prescription drugs  
pressure  
pressure to succeed  
pressure-resisting  
pride-national  
prison  
probation  
problem-naming  
problem-solving  
procrastination  
promises  
props-giving  
prostitution  
Prozac  
PTSD  
puberty  
punishment  
pushing  
put-downs  
putting off  
**Q**  
questions-asking  
quiet  
quitting  
quitting habits  
quitting-school  
**R**  
race  
race-mixed  
racial conflict  
racial diversity  
racial slurs  
racism  
rape drug  
rape-offender  
rape-victim  
ratting out  
rave drugs  
reactions-stopping  
reading problems  
reasons-giving

rebellion  
receiving compliments  
recklessness  
reflecting on performance  
refugee  
refusal skills  
refusing sex  
rejected  
relapse  
relating skills-communicating  
relationship  
relaxing  
reliability  
religion  
religious attack  
religious diversity  
repeating back  
resilience  
resisting pressure  
resisting stereotypes  
resolving conflict  
resources  
respect online  
respectful to authority  
respect-getting it  
respect-showing  
responding to others  
responsibility  
responsibility-for feelings  
restitution  
restless  
revenge  
ride or die  
rights-exercising  
risk and protection  
risky behavior  
Ritalin  
rivalry-sibling  
rock  
roofie (rohypnal)  
room for others  
rubbers  
rules  
rumors  
running away  
rural  
**S**  
sadness  
safer sex  
sarcasm  
saying no  
saying what you need  
scared  
school failure  
school-dropping out  
school-grades  
school-habits

school-hate it  
school-kicked out  
school-skipping  
school-unsafe  
second language-English  
secrets  
security blanket  
sedatives  
seeing-can't  
self-acceptance  
self-aware  
self-care  
self-centered  
self-confidence  
self-control  
self-esteem  
self-injury  
self-talk  
self-worth  
selling drugs  
sensations-physical  
separating  
Sept. 11  
set you off  
setting goals  
setting limits  
sex abuse-offender  
sex abuse-target  
sex-forced  
sex-forcing  
sexism  
sex-not doing it  
sex-postponing  
sex-refusing  
sex-restraint  
sex-safe  
sexual diseases  
sexual exploitation online  
sexual harasser  
sexual orientation  
sexuality  
sexually abused  
sexually harassed  
shagging  
shame  
sharing  
shootings  
shoplifting  
shoving  
showing care  
shrooms  
shut up-can't  
shyness  
sibling rivalry  
sick-a lot  
sideshow  
sisters  
skinny

skipping class  
skipping school  
skunk  
sleepy  
slow  
slurs  
smack  
smarts  
smelly-you  
smirk  
smoking  
sniffing  
snitch  
snow  
snuff  
social skills  
social values  
social-emotional skills  
solidarity-showing  
solutions-evaluating  
solutions-trying  
solvents  
solving problems  
sore loser  
sorry-you are  
space-making  
spacing out  
spanking  
speaking up  
special ed  
speech impediment  
speed  
sports & exercise type  
sportsmanship  
stalked  
stalker  
standing up for yourself  
stank  
staring  
starving yourself  
staying connected  
STD  
stealing  
stepfamilies  
stepping in their shoes  
stereotypes  
steroids  
sticking to it  
stimulants  
stopping reactions  
strength-inner  
strengths  
stress  
study habits  
study hall  
stupid  
stuttering  
substance abuse

success-phobia  
success-pressure  
suicidal  
suicidal friend  
support-getting  
supporting dissent  
surviving hard times  
survivor guilt  
suspended  
swearing  
sweat  
sympathy-expressing  
**T**  
tagging  
taking care  
taking chances  
taking control  
talents  
talking  
talking back  
talking-in a group  
talking-too much  
tantrums  
tardy  
target  
target-for bully  
taste  
teacher  
teams  
teams-joining  
teasing  
teen parent  
television  
telling  
telling a secret  
temper  
temperament  
temptation  
terrorism  
tests  
thanking someone  
theft  
thoughtfulness  
thoughts  
thoughts-of suicide  
threats- internet  
threats-to kill  
throwing up  
ticked off  
tics  
time management  
tobacco-chewing  
tolerance  
torturing animals  
touch  
touching yourself  
tranquilizers  
transitions

trashing things  
trauma  
triggers-inside  
triggers-outside  
truancy  
trustworthiness  
truthfulness  
trying  
trying solutions  
trying things out  
turf  
turning someone in  
TV  
twitches  
**U**  
ugly  
understanding motives  
undressing  
unfairness  
unhappy  
uniforms  
unlucky  
unmotivated  
untruthful  
unworthy  
using counselors  
using resources  
**V**  
Valium  
values  
values-social  
vandalism  
Vicodin  
victim  
video games  
violence  
violence-guns  
visual impairment  
voice-using yours  
**W**  
want other people's stuff  
wanting revenge  
weaknesses  
weakness-picking on  
weapons  
weed  
weight  
weight-losing  
what you love  
wheelchair  
whippets  
whistle-blower  
why they do it  
winning  
withdrawn  
witness  
work  
working out

worry-wart  
**X**  
X  
**Y**  
youngest child  
your strengths  
your word-keep  
yourself-accepting  
yourself-aware of  
yourself-caring for  
yourself-cutting  
yourself-feelings toward  
yourself-killing  
yourself-knowing  
yourself-not liking  
yourself-standing up for  
yourself-starving  
yourself-touching  
**Z**  
zits  
Zoloft